



Student Action Summit 2020 Workshops!

Workshop Name	Presenters	Workshop Description
New Lenses on Africa (NLOA)	Peniel Ouabo	Ever get frustrated when someone misrepresents your community or degrades different aspects of your identity? Well that's what I feel regularly: frustrated. In this workshop you will challenge your perceptions about Africa and leave with a curiosity and desire to learn and think more critically about Africa.
iConnect	Celine Bernhardt-Lanier, Chloe Pangas	Do you want to hit reset, break old patterns, and bring fresh awareness to your daily life? How much energy and attention are you devoting to the people and things you love--- not just to your online presence or social media? Don't waste any more time: it's time to end your love affair with your phone so that you can embrace the passionate life that awaits you offline. Come learn about cell-phone addiction and its impact on your brain and relationships. Gain new strategies to resist the compulsive pull so you can be more present in the real world!
Which bin does it go in? How to accurately dispose of waste	Caroline Page	Do you know which bin your waste should go in? Very often the lack of education and convenience of disposing of waste causes many to do it improperly. In this workshop, you will discover the impact of inaccurate disposal of waste, how to correctly compost and recycle, and how those categories differ from the trash. We will test our ability to accurately dispose of waste through fun games while exploring the causes and effects of this issue.
Counter/Narrative: Youth Healing from Anti-Semitism	Alexa Cohen	The toughest topics should never be shied away from. The hard truth is that antisemitic hate crimes and attacks are on the rise. In this workshop we will have an open discussion on the issue of antisemitism, and reflect through a choice of creating art or letter-writing to synagogues



		affected.
Beyond Bars	Raynna Nkwanyuo, JD	“Beyond Bars” aims at discussing the effect of mass incarceration on the U.S. population from the lens of the family members who are affected by the incarceration of a loved one. 5 million children have experienced the incarceration of a parent at some point during their childhood. During this session, participants will have the opportunity to walk in the shoes of the child of an incarcerated parent and unveil the hidden consequences that the child experiences including financial hardships, education, social interactions, mental health and more.
Win a debate and actually change someone's mind	Benjamin Kushner	We will be teaching how to debate someone and come out on top in a debate without alienating the person or coming across as mean. We will teach methods of debate that are useful in structured debate and unstructured debate and actually work to change the minds of both the listeners and even the people you're debating against.
Learn! Speak! Change!	Lauren Arianna Raskin	Students who participate in this workshop will learn about the men, woman, and children who are currently being detained in one of the 200 jails and detention centers that comprise the ICE's detention system; furthermore, they will learn about how the ICE fails to provide adequate oversight of their facilities, which has lead to overcrowding and unsanitary conditions. Those who participate will learn how to advocate for these people who come to America in search of a better life, and even write letters to members of legislation pleading for reform. They will learn about the Montgomery County Association for Immigration Advocation and how they can get more involved!



<p>The Mentor Stages</p>	<p>Felicia Fort, Christopher Johnson</p>	<p>Every act in life is similar to acting on a stage. Each position on a stage is important. What position are you? Come find out and leave with an exciting experience.</p>
<p>From Insta Stories to Senators: How to Take Your Advocacy to the Next Level</p>	<p>Savva Brown</p>	<p>Tired of feeling like posting awareness videos on social media is the most you can do about an issue you're passionate about? Then this workshop is for you. Being in the DMV presents unique opportunities for young adults to interact with their members of government, whether it be local, state or federal. In this workshop, attendees will learn the proper ways to facilitate meetings with members of the government, and then practice meeting with representatives in simulations. Then, they can take this knowledge and experience back to the real world and help increase their effectiveness as a student trying to create change. Regardless of your current level of student advocacy, the skills you learn in this workshop will help you affect change in the world.</p>
<p>Fashion Exposed</p>	<p>Annika Pederson</p>	<p>The word "fashion" brings to mind the glitz and glamour of celebrities and designers. In reality, the gilded fashion industry covers disturbing - and even deadly - truths. Come learn about the fast fashion industry and what you can do to make a difference.</p>
<p>EmpowHER</p>	<p>Jia Fleming</p>	<p>A karate lesson on how to defend yourself, if in a dangerous or life-threatening attack. These moves will be taught to escape your attacker with the option of hurting them or escaping and leaving them behind. Martial Arts is fun and can even teach you life lessons like confidence.</p>



Sex is...	Carine Wellington	Do you have someone you can talk to if you have a toothache? Do you have someone you can talk to if you hurt your ankle? Now, think about this next question ...Do you have someone you can talk to about sexual health-related issues or concerns? If your answer changed for the last question think about why that may be. The DC Department of Health (DC Health) launched “Sex Is..” campaign encourages open, honest, and judgment-free conversations about sex and sexual health among youth and between youth and Trusted Adults. This workshop will teach you about the importance of the “Sex Is...” campaign and what a Trusted Adult is.
Hungry for Change	Sydney Rico Ashley Cheung	This workshop will educate you on the issue of food insecurity around the world and what it looks like, including food deserts, agribusiness and food waste. We'll also show you how you can begin to take action at your own school by conducting waste audits and implementing share tables.