



## **Student Action Summit 2021 Activities!**

### **So You Think You Can Kahoot?**

**Hosted by Benjamin Kushner**

Want to flex your social action knowledge? Interested in competing against others to get to the top? Join us in a special Kahoot championship focused on social justice, activism, and history.

### **Health and Happiness from Home**

**Hosted by Annika Houge**

Has your motivation dwindled since the beginning of the pandemic? Do you ever find it difficult to get out of bed for online classes? If so, join us at the "Health and Happiness from Home" activity! Here, attendees will learn all about how to stay physically healthy amidst a pandemic. This activity will feature fitness and mental health tips, a group workout/yoga class, and explore how exercise can make you happier. Participants should have a yoga mat or another soft surface for the activity.